

## **PURO HIGH PROTEIN MIX**

### **Product of Australia**

Especially designed for Vegetarians and Vegans, Puro High Protein Mix is ALL NATURAL with no egg, nuts or gluten.

A naturally high protein mix that can be added to your diet for great health results - whether for muscle gain, weight loss or general body fitness.

Made in Australia using 100% Natural Ingredients, Puro High Protein Mix is loaded with Vitamins, Minerals, Fiber and especially Protein:

**Per 100gm :**

Protein - 80 g

Carbohydrate 19 g

Calcium - 16 mg

Iron - 2 mg

Fat - 20 mg

Gluten - nil detected

Recommended 20gm in 200ml of water.

Puro Protein Mix contains ingredients (Vicia faba, chakkra, flavours) that support impressive health benefits such as:

- Aid weight management
- Support muscle recovery
- Improved motor function
- Enhance immunity
- Aid digestion
- Lower cholesterol levels
- Improve heart health
- Reduce high blood pressure

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